

# Have you spent time in Bangladesh, India or Pakistan at any point in your life?



People don't often experience symptoms of hepatitis C for many years, so it's important to know what can put you at risk when abroad:<sup>1,2</sup>



Having medical, dental or cosmetic procedures, including injections, using unclean equipment<sup>2,3,4</sup>



Receiving blood<sup>2</sup>



Visiting hairdressers, barbers or beauty parlours where equipment, such as nail scissors, clippers and razors have not been properly cleaned between customers<sup>2,5</sup>

**If you think you could be at risk of Hep C take action today**

Order an at home blood test

Treatment involves taking tablets every day for 8 to 12 weeks, for most patients. Treatment duration will depend on patient characteristics.<sup>6</sup>

Once treatment is complete, over 95% of people are cured<sup>7</sup>

**Get tested. Get treated. Get cured. Visit [HepC.co.uk](http://HepC.co.uk) for more information.**

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1 NHS. Hepatitis. Available at: <https://www.nhs.uk/conditions/hepatitis/> Last accessed: June 2023. 2 Royal College of General Practitioners. Guidance for the prevention, testing, treatment and management of Hepatitis C in primary care. Available at: <http://www.hepctrust.org.uk/sites/default/files/Prevention-Testing-Treatment-and-management-of-hep-C-in-primary-care%281%29.pdf> Last accessed: June 2023. 3 Hepatitis C Trust. South Asian outreach. Available at: <http://hepctrust.org.uk/services/south-asian-outreach> Last accessed: June 2023. 4 Verma R et al. Adverse events following immunization: Easily preventable in developing countries. Human Vaccines. 2011; 7:9;989-991. 5 Hepatitis C Trust. Risk Factors: Razors and Toothbrushes. Available at: <http://www.hepctrust.org.uk/information/risk-factors/razors-and-toothbrushes> Last accessed: June 2023. 6 NHS. Hepatitis C: Treatment. Available at: <https://www.nhs.uk/conditions/hepatitis-c/treatment/> Last accessed: June 2023. 7 World Health Organisation [WHO]. Hepatitis C factsheet. Available at: <https://www.who.int/news-room/fact-sheets/detail/hepatitis-c> Last accessed: June 2023.

